



# Preschooler Schedule

7:30-8:30	Wake, eat breakfast, brush teeth, get dressed, quiet time
8:30-9:00	Circle Time
9:00-9:30	Outdoor Play, Gross Motor, Snack Time
9:30-10:30	Circle Time: stories, songs, colors, numbers, flashcards, weather, calendar
10:30-11:15	Creative/ art time
11:15-11:45	LUNCH TIME
12:15-12:30	Cleaning, brush teeth, rest with book
12:30-2:30	NAP TIME
2:30-3:00	Handwashing, afternoon snack
3:00-3:30	Circle time
3:30-4:00	Outdoor Play
4:30-5:00	Gross motor

