



Pre-Kindergarten Schedule

TIME	ACTIVITY
7:30 – 8:30	Wake, eat breakfast, brush teeth, get dressed, quiet time
8:30-9:00	Morning circle time: calendar, days of the week, months, weather, counting (Spanish and English), letter sounds and sign language, sight word review
9:00-9:15	Reading, discuss book afterwards
9:15-9:30	Circle learning: discuss facts we know, math, addition flashcards, science talk
9:30-10:45	Center time
10:45-11:00	Handwashing
11:00-11:30	Outside time or large motor activities
11:30-12:15	Handwashing, lunch, clean up
12:30-2:30	Nap
2:30-3:00	Handwashing, afternoon snack
3:00-3:30	Outdoor Play
3:30-4:00	Circle time, songs, dancing, yoga, meditation
4:00-5:00	Free play, center

